

# YOUTH ALPINE DIALOGUE

## SECOND TOPIC

# AUSTRIA

“ GOOD PRACTICE ”

## BODENFREIHEIT

### Short description:

For the project „good practice“ we choose the association ground clearance which is localized in the province Vorarlberg, Austria which is the home federal state of the national Austria group of Cipro. Ground clearance is an association which only does/finances itself by honorary work. Their mission is to save landscapes who are dedicated as building land. The society was established in the winter of 2011. Since an incident, which took place in the commune Dafins in the year 2013 the society got really popular in Vorarlberg. There was a land in Dafins near the church who was dedicated as a building land from the township. This land was used for recreation and also for small village events. One day the owner of this land had money problems and so he decided to sell the land which was dedicated as building land. The land was worth 320.000 €. The owner asked the commune to buy his land, but they told him that his land was used for recreation and other stuff, so in their opinion it was not a building land worth 320.000 €. A dispute was inflamed.

The commune Dafins asked the Vorarlberg government in this case. And so they took action. The owner of the land got support from the society. They helped him with media events and picketing. In the end the owner won the trial, and the Vorarlberg government bought the land at the price of the building land.

This case shows that the building land politics in Vorarlberg are just horrible and the law need to be modernised. When land in Vorarlberg gets the status “building land” it is automatically worth more than it was before. Every day in Vorarlberg 1500 square meters are getting designated as building land. Meanwhile with all the dedicated building land, we got an immovable bubble with a worth of 9 billion €. This capital doesn't exist in practice because not every land is suitable to be covered with buildings.

### *1 Description of the measure*

Title in original language: **Bodenfreiheit**

Location: Country/Municipality / regional entity: **Wolfurt, Vorarlberg, Austria**

Thematic field(s): **building land** /building landscape

Principal field: **open landscape**

Secondary field(s): **Environment**

Spatial scale: Local/national/European: **Local**

Time & duration: **20.05.2015**

Key word(s): **building land, open landscape, environment, government, commune, society, association, Dafins, ground clearance, action (law)**

## **Objectives:**

In the next ten years ground clearance wants to prevent house building on 9 or 10 grounds. They also want to expand from 300 members yet to 500 or more if it's possible. The society would like to have more power in the building land politics.

## **Activities:**

Since Ground clearance was established in 2011 they bought 2 grounds. From 2012 to 2013 the number of members climbed from 60 to 300 members. Ground clearance is a powerful and recognised association, which solves community problems.

## **Results:**

. The two bought grounds are used for recreation and also for farming. Ground clearance is a useful society for our country Vorarlberg. The interests of the association are common weal.

### *II Assessment criteria*

- Ecogical/ environmentally friendly ✓
- Transparency ✓
- Fosters resilience ✓
- Adaptable ✓
- Transferabilty (high) ✓
- Innovation: (very high) ✓
- Awareness raising/educational ✓
- Social ✓

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*IV Photos, illustrations and documents*

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## THAO SANGHA ZENTRUM – MUTTER ERDE RAUM

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### Short description:

The Tao Sangha Center is located in Annagasse which is in the heart of Dornbirn. Dornbirn is situated in between four countries (Switzerland, Germany, Liechtenstein and Austria).

It offers several things, including Tao Shiatsu, Buddhist practice and aid projects.

We have decided to have a look at the Mother Earth Room, but we will also explain the general offers, visions, etc. from the Tao Sangha Center.

### *I Description of the measure*

Title in original language: **Tao Sangha Zentrum Dornbirn**

Location: Country/Municipality / regional entity: **Dornbirn, Vorarlberg, Austria**

Thematic field(s): **Education, Eating, Entertainment**

Principal field: **Eating /sharing**

Secondary field(s): **Education**

Spatial scale: Local/national/European: **Local**

Time & duration: **Monday, 18.05.2015, 13:10-14:10**

Start date: **Thursday, 13.05.2015**

Duration: **1 hour**

Key word(s): **ecological, eating, biological food, social**

### Objectives:

A guiding principle of the whole Tao Sangha Center is sharing, no matter how, it should be shared, whether with each other or with other (foreign) people plays only a subordinate role.

A represented vision is that all people in the Tao Sangha Center are in harmony with themselves and their environment: Everyone is invited to come and feel comfortable.

Further spiritual education and internal stability should be mediated.

Also the aid projects are central to the Tao Sangha Center.

**Activities:**

The Mother Earth Room and also the entire Tao Sangha Center offer a variety of activities.

**Mother Earth Room:**

In the Mother Earth Room a monthly cooking class, private meetings (on request) and cooking for pregnant women are offered. Sharing and helping each other is the main content in this case.

**Entire Tao Sangha Center:**

In the Tao Sangha Center workshops for example Tao Shiatsu, Yoga, Yoga classes for men, Qi-Gong courses and training e.g. graduated mental trainer are offered. At the center of these courses are confidence with one's own body and the well-being of individuals.

Aid projects round off the offerings.

**Results:**

We had a meeting at the great Tao Sangha Center. The center has proven to be very involved. It's not just how we thought a rather small institution, it has a lot of offers. The Tao Sangha Center works with very many people and offers regular activities, workshops and courses. They are very committed to aid projects that support them with their income. I really like the philosophy of sharing.

## *II Assessment criteria*

- Ecological/ environmentally friendly ✓  
Food that is no longer needed is given to other people who can turn it into a complete meal. They will buy only biological products.
- Transparency
- Fosters resilience
- Adaptable ✓  
The Mother Earth Room is never the same, because you always deal with food and other people.
- Transferability (high) ✓  
You can realise the Mother Earth Room theoretically everywhere. A kitchen or kitchen like furniture is available, it also needs little other stuff, because it requires only humans and ingredients.
- Innovation: (very high) ✓  
We find it innovative because it is primarily concerned with the idea of giving and sharing; it is exactly the opposite of a consumer society. We find it to be highly applicable.
- Awareness raising/educational ✓  
It increases the awareness of people, not only for biological products and the importance of those, even the philosophy of giving and sharing is thusly brought much closer. Education is also offered in the room, where people cook together. This teaches people about humanity and consideration and brings people closer together over one or the other recipe or cooking tip.
- Social ✓  
It is also very social, to cook for others and together, aid projects are supported and living together is one of the central points of this center.

## *III Contact information*

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IV Photos, illustrations and documents

Available documents: creative report - collage

Other information sources: Gesprächspartner: Oliver Stocker



## ZIMMI-AGRAR

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### Short description:

Zimmi Agriculture is a sole trader with his office in an idyllic place called Braz in Austria. Christian Zimmermann is primarily a farmer and family man. His ecological project, which I will explain to you, will generate power to his surrounding neighbours by means of a plant that produces wood chips. In its operation it regulates everything itself and relies on no outside help.

### *I Description of the measure*

Title in original language: **Zimmi-Agrar**

Location: Country/Municipality / regional entity: **Braz, Vorarlberg, Austria**

Thematic field(s): **Entrepreneurship**

Principal field: **agriculture**/energy production

Secondary field(s): Sharing

Spatial scale: Local/national/European: **Local**

Time & duration: **Friday, 15.05.2015 (2 hours)**

Key word(s): **environmental energy, agriculture**

### Objectives:

His goal is an ecological living in harmony with nature and its surroundings. He wants to continue to provide his neighbours with ecological energy with wood chips production and maintain its purely biological agriculture.

### Activities:

He works in agriculture, operates a stable with some cows and cultivates large agricultural land. He also runs major agricultural areas. This includes meadows, as well as forests. His economic activity is the production of wood chips. He obtains the chips created from wood either from his own forests or from dead wood.

The chips are then burned in an incinerator to generate energy. Then he heats the surrounding houses of his neighbours.

## Results:

Results are as follows: He runs an ecological chips incinerator and thus heats the homes of his neighbours. He saves many, many tons of CO<sub>2</sub>, through working ecologically friendly. He has large agricultural land which he cultivates successfully and biologically. He has fulfilled his dream and will help many people with this, and above all it is an incentive for many people to rethink oil heating .

### *II Assessment criteria*

- Ecological/ environmentally friendly ✓
- Transparency ✓
- Fosters resilience ✓
- Adaptable ✓
- Transferability (high) ✓
- Innovation: (very high) ✓
- Awareness raising/educational ✓
- Social ✓

### *III Contact information*

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IV Photos, illustrations and documents

Available documents: creative report – collage “wood chips”



# SWITZERLAND

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## PERMAKULTURHOF BALMEGGBERG (SCHWEIZ)

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### Short description:

The permaculture farm Balmeggberg is a farm of approx. 6ha on which two families, interns and other interested people try to live the theory of permaculture. Sustainable living, using natural resources without disturbing the ecological circles, connecting with other people and sharing the experience is their main objective.

### I Description of the measure

**Title in original language:** Balmeggberg - Leben, Jurten, Zukunft

**Location:** Switzerland / Trub (BE)

**Thematic field(s):** Sustainable living, future scenarios, entrepreneurship

**Principal field:** Permaculture

**Secondary field(s):** biological agriculture, self-sufficiency, workshops,

**Spatial scale:** local and national

**Time & duration:**

Start date: 2010

Duration: since 2010 till today, to be continued

**Key word(s):** Permaculture, biological farming, social network, future,

**Objectives:** To create systems, which work without fossil resources, in order to plan for future scenarios. The goal is to live as self-sufficient as possible, however, with a "healthy" contact to the modern world.

**Activities:** cultivation of a biological garden, farm animals (chicken, sheep, ducks), grow mushrooms, host diverse courses and workshops (inkl. stay in yurts)

**Results:** Today, the Balmeggberg is  $\frac{1}{3}$  self-sufficient, of which  $\frac{2}{3}$  are in the energy sector (warm water collectors, wood heating, solar power) and  $\frac{1}{3}$  in food.

### II Assessment criteria

- Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources)
- Transparency (ethically financed, organizational structures)
- Fosters resilience
- Adaptable
- Transferability: very low/low/high/very high (can be imitated in other places/regions)
- Innovation: very low/low/high/very high (creating new opportunities for local/regional communities)
- Awareness raising/educational
- Social (networking, well connected, brings people together)

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### III Contact information

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Online information: [www.balmeggberg.ch](http://www.balmeggberg.ch)

### IV Photos, illustrations and documents

**Available documents:**

**Other information sources:**

<http://holmgren.com.au>

<http://spiralseed.co.uk/permaculture/>

<http://www.permakultur-akademie.com>



Guide Andrés explaining the biological garden and the production of compost.

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## BERGKÄSEREI MARBACH (SCHWEIZ)

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### Short description:

The new cheese factory Berkäserei Marbach is since 2008 the main local cheese producer in the municipality Marbach (1'200 inhabitants). In the form of an incorporated company the local farmers decided to prevent the local milk to be transported away, after many small cheese factories had closed. Today the factory provides 21 work places and offers one apprenticeship per year to young people.

### I Description of the measure

**Title in original language:** Bergkäserei Marbach

**Location:** Switzerland / Marbach (LU)

**Thematic field(s):** Entrepreneurship, eating, employment

**Principal field:** Cheese production

**Secondary field(s):** Other milk products

**Spatial scale:** Local, national and international

**Time & duration:**

Start date: 1981, since 2008 new fabrication facilities in Marbach

Duration: since 1981 till today, to be continued

**Key word(s):** Swisstaler, Buffalo cheese, local cooperation

**Objectives:** Produce locally quality cheese and milk products with local milk, prevent milk from being transported away by big companies, create workplaces in the region, offer information to tourists and interested people, use resources sustainably.

**Activities:** Production of Swisstaler, Buffalo milk products and many small specialties out of 20 million litres of milk per year. Guided tours and a visitor gallery are offered and the local shop sells the entire product range of the factory as well as other locally produced goods. The waste of the production is reused by another company and the water is filtered and reused for cleaning etc. The heating comes from the municipality "woodchip heating system".

**Results:** 6th biggest milk product factory in the country, 21 work places locally (6 full-time), 1 apprenticeship per year, ca. 1-5 guided tours per week, products within the certificate "Echt Entlebuch" (biosphere Entlebuch goods brand).

### II Assessment criteria

- Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources)
- Transparency (ethically financed, organizational structures)
- Fosters resilience
- Adaptable
- Transferability: very low/low/high/very high (can be imitated in other places/regions)
- Innovation: very low/low/high/very high (creating new opportunities for local/regional communities)
- Awareness raising/educational
- Social (networking, well connected, brings people together)

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### III Contact information

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### IV Photos, illustrations and documents

**Available documents:**

**Other information sources:**

<http://www.escholzmatt-marbach.ch>

<http://www.biosphaere.ch/de/>





Buffalo specialties in the factory cheese shop.

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## BUFFALO FARM SCHUFELBÜHL

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### Short description:

In 2009, the family Renggli decided to sell all their cows and begin buffalo farming to produce buffalo milk for the local cheese factory. In cooperation with buffalo farmers in the region, local buffalo specialties can be produced, which sell at a higher price. Buffalos demand a special treatment; they produce only a limited amount of milk, cannot be overbred.

### *I Description of the measure*

**Title in original language:** Büffelhof Schufelbühl

**Location:** Switzerland / Marbach (LU)

**Thematic field(s):** Entrepreneurship, eating, employment

**Principal field:** Buffalo milk specialties, farming, agriculture

**Secondary field(s):** Tourism, local cooperation

**Spatial scale:** Local, national

#### **Time & duration:**

Start date: 1996 in Schangnau by 5 farmers, since 2009 in Marbach

Duration: since 1996 till today, to be continued

**Key word(s):** Buffalo, milk specialties, local cooperation, innovative farming

**Objectives:** Producing buffalo milk for the new local cheese factory (needed more buffalo milk), support for the farmers in neighbour village Schangnau, economically more profitable farming

**Activities:** Adapted farming with 28/29 buffalos (different behaviour than normal milk cows), conservation of buffalo milk for cheese factory (buffalos only produce milk seasonally!), taking part in national buffalo farmer's association, giving guided tours

**Results:** Local cheese factory can produce a wide range of buffalo products, often several tours a week, introduction of a new species in the national farming, not extensive milk production (not possible with buffalos).

### *II Assessment criteria*

- Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources)
- Transparency (ethically financed, organizational structures)
- Fosters resilience
- Adaptable
- Transferability: very low/low/high/very high (can be imitated in other places/regions)
- Innovation: very low/low/high/very high (creating new opportunities for local/regional communities)
- Awareness raising/educational
- Social (networking, well connected, brings people together)

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### *IV Photos, illustrations and documents*

#### **Available documents:**

#### **Other information sources:**

<http://www.escholzmatt-marbach.ch>

<http://www.biosphaere.ch/de/>



The Buffalos on their field and their bathtub in the foreground.

# SLOVENIA

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## ECO VILLAGE ČADRG

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Čadrg is a small village above Tolmin, where he resides 45 people. In the past, residents deal mainly with livestock and cheese production. Residents have in the past established a common cheese dairy, which still operates today. Today the village has 3 organic farms that still operate in the common dairy and produce the same products (Tolminc cheese) and are marketed under the same brand " Ekološke kmetije iz Čadrga" or "Organic farms from Čadrg".

### *I Description of the measure*

**Location:** Slovenia, Municipality of Tolmin, Čadrg

**Thematic field(s):** entrepreneurship, agriculture, common chees production, organic tourist farm

**Principal field:** common cheese production, common brand and tourism

**Secondary field(s):** education, cheese production

**Spatial scale:** Local

**Title in original language:** Ekološka vas Čadrg, Ekološka turistična kmetija pri Lovrču

**Time & duration:** From 7 p.m. to 9 p.m.

**Start date:** 22 May 2015

**Duration:** 2 hours

**Key word(s):** Eco Village Čadrg, chees procuction, Tolmin chees, tourist farm

### **Objectives:**

- Presentation of the Eco village Čadrg.
- Presentation of the common chees production in cheese dairy.
- Presentation of cheese production.
- Presentation of common sales policy (common brand "*ekološke kmetije iz čadrga*" in english "*Organic farms from Čadrg*")
- Combining cheese production and tourist development of village

### **Activities:**

After a dinner at organic farm Pri Lovrč, we walked through the village to cheese dairy. Participants listened to a presentation of eco village Čadrg, age structure of inhabitants, tradition of cheese production on the mountain farms and their cheese-Tolminc (protected designation of origin). In common cheese dairy participants get learned about chees production, equipment, legal provisions of cheese production. Later on we had opportunity to see some of the stages of cheese production and we also try the first chees, which come out of cauldron. We finished with a discussion about production of Tolminc cheese in future; about youth in village and their interest in farm and cheese production.

### **Results:**

We realized that villages in mountains can be vital and place for new opportunities, not only for farming but also for sustainable tourism. We learned that cooperation between farmers is not something new, is just a tradition which was somewhere forgotten. But Čadrg is an

example where people still work in cooperation system. We learned that around us are opportunities and we need a courage for start something.

### *II Assessment criteria*

- **Ecological/environmentally friendly** (good waste management/recycling, in synergy with context, local renewable resources)
- **Transparency** (ethically financed, organizational structures)
- Fosters resilience
- **Adaptable**
- **Transferability:** very high (can be imitated in other places/regions)
- Innovation: very low/low/high/very high (creating new opportunities for local/regional communities)
- Awareness raising/educational
- **Social** (networking, well connected, brings people together)

### *III Contact information*

Name: Ekološka turistična kmetija pri Lovrču (Organic tourist farm Pri Lovrču)

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*IV Photos, illustrations and documents*

Available documents:

Other information sources:



### **Short description**

Youth center Idrija is association of young people, who want to be active, get know other young people, learn new things, organize events, etc. In 2008 they started to negotiate with Municipality of Idrija for place. They officially opened center in December 2013. Now it combinethree societies: Scout Association *Rod srebrnihkrtov*, Club of Idrija Students and Association for Youth Development Idrija 2020).

### *I Description of the measure*

**Title in original language:** Mladinski center Idrija

**Location:** Slovenia, 5280 Idrija, Ulica IX. korpusa 17.

**Thematic field(s):** Education

**Principal field:** integration of young people, environment, culture, entertainment, social.

**Secondary field(s):** education, environment, culture, entertainment, social.

**Spatial scale:** Local.

**Time & duration:** From 9 to 11 a.m.

**Start date:** 23 May 2013.

**Duration:** 2 hours.

**Key word(s):** Idrija, Youth center, cooperation.

### **Objectives:**

The principal objective is to integrate young people and consequently encourage them to be (more) active in social, ecological and political sector. Also an important objective was showing them, that being active now, will help them to get a job later.

### **Activities:**

Two members of Youth center Idrija present their idea, objectives and activities to participants of the excursion. They showed the way how to approach to employees in the municipality with your idea. When they were renovating center, they used old furniture, which was also shown in presentation. They also show the way of repairing, repainting and constructing elements of rented room, which they did by themselves. In the end they had speech to participants of the excursion, to encourage them for being active as youth. This was followed by a discussion with all present.

### **Results:**

This presentation showed participants it's good to be active now, because it gives them new skills and it will help them when searching for job. On concrete example they showed how to achieve objectives which could be positives also for the general public. Besides encouraging being active in social and political sector they showed the way how to merge those two with ecological behavior which also cut costs. This presentation was good example of the cooperation of three youth organizations, which is positive because of program, organization and moral integration between them.

### *II Assessment criteria*



- **Ecological/environmentally friendly** they used old furniture and pallets to equip their place.
- Transparency (ethically financed, organizational structures)
- Fosters resilience
- Adaptable
- **Transferability:** very high (can be imitated in other places/regions)
- **Innovation:** very high (creating new opportunities for local/regional communities)
- **Awareness raising/educational**
- **Social** (networking, well connected, brings people together)

### III Contact information

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### IV Photos, illustrations and documents

Available documents:

Other information sources:



### **Short description**

Cultural-ecological fellowship Smetumet is a non-governmental, non-profit organization, established in 2007 and acting in public interest. The society was founded on critical thinking and the questioning of the problematics of waste and society's attitude toward the environment and fellow humans. By merging art, ecology, design and play they shed light on the individual's attitude toward nature, consumption, waste and contemporary lifestyle.

### *I Description of the measure*

**Location:** Slovenia, 1000 Ljubljana, Celovška 53.

**Thematic field(s):** Education

Principal field: Cradle to cradle design, art, ecology, design, Waste design (products made from waste and natural materials).

**Secondary field(s):** education, action awareness.

**Spatial scale:** national.

**Title in original language:** Kulturno ekološko društvo Smetumet

**Time & duration:** From 1.30 to 2.30 p.m.

**Start date:** 22 May 2015.

**Duration:** 1 hour.

**Key word(s):** Cultural-ecological fellowship Smetumet, reuse, waste design, ecology, education.

### **Objectives:**

- Presentation of the fellowship's activities.
- Presentation of the fellowship's formation.
- Rise awareness about waste through games.

### **Activities:**

Firstly, participants of the excursion listened to a presentation about the fellowship –its formation, activities, goals, future plans, etc. Then the participants were given a task and had to guess one's personality according to the trash that had been created before the workshop. Each of us also got a photo of food, representing what families in different countries around the world had eaten in a month. We compared and discussed the photos. We also had to arrange different terms connected with ecology in the most suitable order. In the end there was a discussion.

### **Results:**

The presentation helped participants get an insight into how to implement one's idea and how to start their own business, projects, etc. We realized that there are unlimited options of using discarded objects, waste and natural materials in a creative way and that they can be transformed into something beautiful. We learned through a game that the trash we produce can tell us a lot about our personality. We also learned about problems of waste in our society and ways to deal with it.

### *II Assessment criteria*

- Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources) -
- Transparency (ethically financed, organizational structures)
- Fosters resilience
- Adaptable
- Transferability: very high
- Innovation: very high
- Awareness raising/educational
- Social (networking, well connected, brings people together)

### *III Contact information*

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Online information: <http://www.smetumet.com/>

*IV Photos, illustrations and documents*

**Available documents:**

**Other information sources:**



# ITALY

## GESTALP - VALLE VARAITA

One building which encompasses a circle of projects one integrating the other, this is GestAlp. The idea is to start from the 4 main resources of the territory to create a complete production chain: from energy to food production.

### *I Description of the measure*

Title in original language: **Gestalp**

Location: Country/Municipality / regional entity: **Valle Varaita**

Thematic field(s): **Entrepreneurship**

Principal field: **renewable energy production, food production, forest management**

Secondary field(s): **integrated production chain**

Spatial scale: **Local**

Time & duration:

Start date: 2011-2014

Duration:

Key word(s): **bioenergy, hydroelectric power plant, dairy products, local renewable resources, scientific resource**

Objectives: use local renewable resources to produce economic benefits by bringing local actors together and develop innovative projects regarding technology for renewable energy production and food production

Activities: local production chain of meat and dairy products, including manufacturing, processing and marketing in order to be recognized and protected as typical local products. Renewable energy production from wood for biomass and water for hydroelectric power in order to produce co-benefits like the maintenance of the territory in a sustainable and resilient way.

Results: Gestalp provides the integrated enhancement of the local resources. water, wood, pasture grass, and wild animals become economic resources managed by local actors, according to a plan conceived locally and producing local employment and economic benefits. The idea behind is to create a synergy among these four environmental resources, which, by constantly renewing themselves, have allowed man to develop a sustainable economic model.

### *II Assessment criteria*

- **Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources)**
- **Transparency (ethically financed, organizational structures)**
- **Fosters resilience**
- Adaptable
- Transferability: very low/low/**high**/very high (can be imitated in other places/regions)
- Innovation: very low/low/high/**very high** (creating new opportunities for local/regional communities)

- Awareness raising/educational
- **Social (networking, well connected, brings people together)**

### *III Contact information*

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Phone: 0175/979890

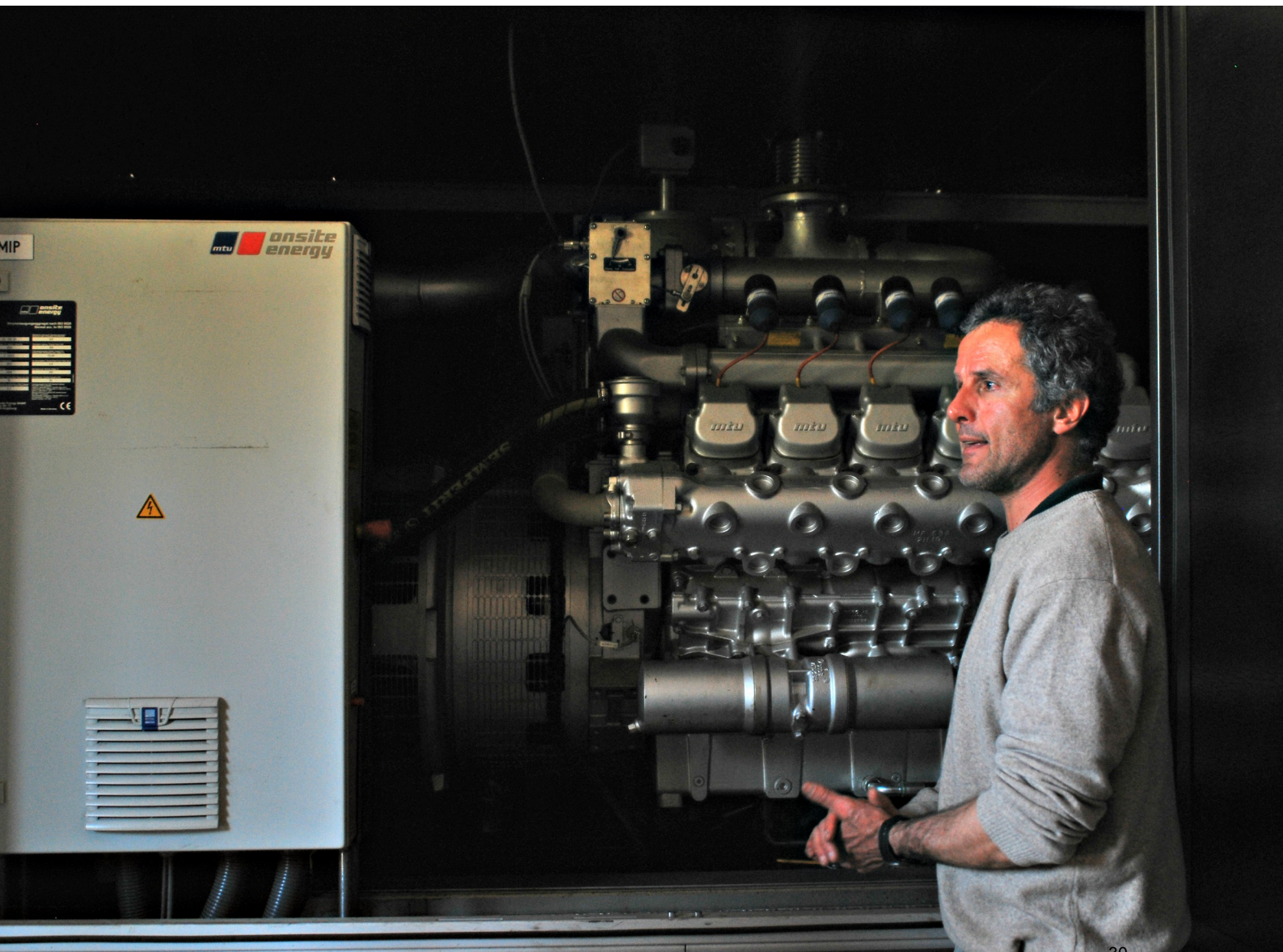
Email: [gestalp@pec.it](mailto:gestalp@pec.it)

Online information: [www.gestalp.it/index.html](http://www.gestalp.it/index.html)

### *IV Photos, illustrations and documents*

Available documents:

Other information sources:



## NATURALMENTE

Naturalmente came out from the idea of a young couple Michele Schgraffer and Patrizia Pezzi, to welcome tourists at their guesthouse with some typical products of the territory. When they understood that their herbal infusions and syrups were very appreciated, they created new products and also started to teach children and adults how to make them. The real ingredients are passion, family help, conviviality, and care for the environment.

### *I Description of the measure*

Title in original language: **NaturalMente**

Location: **Campoddenno (TN)**

Thematic field(s): **eating**

Principal field: **organic agriculture**

Secondary field(s): **tourism, education**

Spatial scale: **local**

Time & duration:

Start date: **2011**

Duration:

Key word(s): **herbal infusions, school in the wood, care for abandoned fields**

Objectives: through their natural products like herbal infusions, skin care products, syrups, they promote a healthy lifestyle and the care for nature to local people and tourists. Through the laboratories they teach younger generations how to prepare herbal infusions.

Activities: they plant and grow the flowers and medical herbs at high altitude in abandoned fields offered by private owners, following the natural rhythms of nature, without the use of chemical products. The harvest is always a delicate moment in which all family members and friends are welcomed to join. In this way the passion is transmitted from the older to the younger generations. Particular attention is also given to the laboratory activities for children and tourists.

Results: the result is high quality products hand made with passion and care. A big part of the work is done through the cooperation with other small enterprises and associations of the area: a laboratory where they make the creams and the packaging for the products, the tourism association with which they organize the laboratories, and with private owners who are happy to give to this couple their abandoned fields to see them used in a sustainable and caring way.

### *II Assessment criteria*

- **Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources)**
- Transparency (ethically financed, organizational structures)
- **Fosters resilience**
- **Adaptable**



- Transferability: very low/low/high/**very high** (can be imitated in other places/regions)
- Innovation: very low/low/high/**very high** (creating new opportunities for local/regional communities)
- **Awareness raising/educational**
- **Social (networking, well connected, brings people together)**

### *III Contact information*

Name: Schgraffer Michele

Institution: Naturalmente

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Email: [info@naturalmente.tn.it](mailto:info@naturalmente.tn.it)

Online information: [www.naturalmente.tn.it](http://www.naturalmente.tn.it)

### *IV Photos, illustrations and documents*

Available documents:

Other information sources:



## WORCUP!

Worcup! is a coworking space in the town of Avigliana, half-an-hour away from Torino, at the doors of the alpine valley, Val di Susa. Freshly opened by a team of 7 young workers, it is associated with the network of Etnomia, based on the values of a new model of economy, whose keywords are sharing and ethics. What welcomed us there was a very bright open space and the feeling of the wish for a new change for the community.

### *I Description of the measure*

Title in original language: **Worcup!**

Location: **Avigliana (TO), Italy**

Thematic field(s): **entrepreneurship**

Principal field:

Secondary field(s):

Spatial scale: **local/regional**

Time & duration:

Start date: **April 2015**

Duration:

Key word(s): **new working models, networking, empowering workers**

Objectives: the idea of a coworking space came out of a seminary on the current state of job and labour, as a possible creative way out of the problem of unemployment in the area.

Activities: Worcup! offers a working open space and facilities for people to start their enterprises. There are 20 desks available for flexible time and date schedules.

The idea is to specialize in some skills and create a network of other similar coworking projects in order to share the acquired skills and experiences.

In the future Worcup! will organize courses on project designing a managing in order to attract financing and be able to self sustain for a long time.

Results: People don't want to work in tiny cubicles anymore. The value of coworking is in the relationships, far more than the resources. You can save time by learning about new resources, apps, best practices and more from the people that you cowork with.

The coworking space in Avigliana will build strong relationship among the people and will create a network of projects from which the entire community and the economy of the area will get benefices of.

### *II Assessment criteria*

- 
- **Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources)**
- **Transparency (ethically financed, organizational structures)**
- **Fosters resilience**
- Adaptable
- Transferability: very low/low/high/**very high** (can be imitated in other places/regions)

- Innovation: very low/low/high/**very high** (creating new opportunities for local/regional communities)
- Awareness raising/educational
- **Social (networking, well connected, brings people together)**

### *III Contact information*

Name:

Institution:

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Phone:

Email: [info@worcup.net](mailto:info@worcup.net)

Online information: [www.worcup.net](http://www.worcup.net)

### *IV Photos, illustrations and documents*

Available documents:

Other information sources:



# FRANCE

## PHENOCLIM

Phénoclim is a program for participative sciences that urges the public to assess the impact of climate change on mountain flora and fauna.

The Phénoclim project is supported by a research center based in Chamonix (the CREA). It invites the public to assess, by some simple observations, the impacts of global warming on mountain vegetation. For more than 10 years, 5000 individuals have been brought together in the Phénoclim community – private persons and professionals, teachers and pupils, associations and companies. Through their observations they are able to contribute to a scientific database that has the objective to characterize the evolution of the climate in the Alps. Then, the participants publish the results of their observations on the Phénoclim program's website and so contribute to the improvement of knowledge about climate change.

This project is a great educational aid for pupils at primary school because it allows them to develop observational skills and to learn the effect of seasonal changes on vegetation, by means of a field practice. Serge Giraud is a representative of the Phénoclim Program in the Hautes-Alpes areas. He explains that *“the program is also a good way to educate pupils about different themes (like energy, wild fauna and flora, etc.) and to link them with the subjects taught at school (language, mathematics, oral expression, biology ...)”*. In the Alps, a lot of schools adopted the project.

We met a class that used the Phénoclim program to increase pupils' observational capacities.

### *I Description of the measure*

Title: **Using Phénoclim in Schools Program (Primary class)**

Location : Le Poët, Hautes-Alpes (05)

Thematic field(s): Participation / Climate / Education / Sustainable Development

Principal field: Education

Secondary field(s): Participation / Education

Spatial scale: local use of a global project

Time & duration: 6 months (October to June)

Start date: Autumn 2014

Key word(s): Climate - Ecology - Participative sciences – Education - Observation

#### **Objectives:**

The Phénoclim project aims at making science more accessible to the general public by means of a participative process. At the school in Le Poët, the educational objective is to develop pupils' sense of observation by letting them examine several vegetal species. By carefully writing down their observations and making precise notes, they are able to study the link between the development of vegetation and global warming.

#### **Activities:**

The project started with a video conference between the pupils and the researchers of the CREA. The aim of this step was to show the pupils that they, too, can participate in a scientific process.

During the school year, pupils observed various species near school, such as the lilac, hazel tree, birch and spruce. In order to make some reliable comparisons, 3 specimens of each species have been studied. Each Monday afternoon, an observation trip was organized. During these trips, pupils moved around in groups. In every group, pupils of different ages were mixed. The groups managed themselves and carried an observation-notebook that they filled in with the passing weeks. During the year, they could observe the effects of the seasons on vegetation, in particular flowering, bud and foliation. For each one of these steps, teachers took a sample of each species in order to highlight the

changes observed. The observations collected by the pupils were then entered in the Phénoclim program's website by the teachers.

To celebrate the end of the year and provide the opportunity to observe the species in an Alpine environment, a trip to a hut will be organized.

### **Results:**

«*What I liked best is to see how the trees develop*» a pupil explains to us. The teachers want to continue the project next year. Salira Bence, one of the teachers, explains to us: “*From an educational point of view, the project is a success, as much for pupils as for teachers, because they improved their capacities to observe species and their knowledge about tree life. Week after week, the pupils improved their capacities to observe and they gained the freedom to manage themselves*”.

From a scientist point of view, this year was a pilot year. The statements that were made will be used as a basis for the following years and will make it possible to compare the data. The participative aspect of the project makes science accessible for everyone, including children.

## **II Assessment criteria**

- **Environmentally friendly:** The project is in line with a global will to understand climate change in the Alps. The participative dimension of the project also allows to raise awareness among the public for the environmental problems.
- **Transparency:** The results of observations are shared and publicly accessible on the internet platform of Phénoclim.
- **Fosters resilience:** In an indirect way, the data collected by the observers allow the researchers to understand the environmental transformations and to propose solutions.
- **Adaptable:** The project of participative sciences is adaptable to all themes in all areas.
- **Transferability:** The Phénoclim project was already transferred to other border Countries and was transposed to be used in other themes (Phénopiaf: participative observations of the migrations of birds).
- **Innovation:** The project required the implementation of new technologies that create the possibility to measure the climatological data.
- **Awareness raising/educational:** Participative sciences contribute to awareness-raising and to the education of the public by giving free access to data bases.
- **Social :** The project contributes to the gathering of all observers in a big network in the Alps.

## **III Contact information**

Name: CREA (Daphné Asse, contact person for the Phénoclim project)

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Phone: +33 (0)4 50 53 45 16

Email: [dasse@creamontblanc.org](mailto:dasse@creamontblanc.org)

Online information: <http://phenoclim.org/fr>

#### IV Photos, illustrations and documents



Meeting with a school class in Le Poët (Hautes-Alpes 05)



Exercise book of observation completed by the pupils



Collection of botanical species



Using participative sciences at School



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## ALPINE LINE

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The project Alpine Line was carried out by two young and experienced mountaineers, Yann Borgnet (23 years old) and Yoann Joly (21 years old). This project consists of an Alpine crossing: going through the ridge lines and landmarks from Monte Cinto in Corsica to the Triglav, the highest mountain in Slovenia, the two young men will cross the Alps without any kind of motorized transport. They share the same passion and common values. They decided to get involved in this beautiful project for sportive, human as well as environmental reasons.

**Sportive:** The aim is to enjoy this opportunity and combine all the mountain disciplines in one, without any competitive spirit. Creativity is their primary motor! A sense of pushing the limits of their capacities, combined with the spirit of discovery will stimulate their expedition. On the program: original link ups of mountain routes, aesthetic openings and the climbing of famous historical paths.

**Human:** The main purpose is to live an experience together and share every single moment of it! Everyone interested in mountain is welcome (for sports, logistics, etc.). By the mountains, we want to strengthen the links between people!

**Environmental:** "We are two young people wondering about the way people live and consume nowadays and we feel the need for change. During the trip, we want to create opportunities for people to meet up and share moments of reflection on environmental issues: the position of man in nature, a reflection on leisure activities, the role that nature plays in modern society. What preservation approach, for what nature? This project will be a suggestion box as well as a showcase for environmentally responsible communication."

"From the sailing boat to ski touring to paragliding, the several natural elements that we will find all over our trip will be an inspiration to express our vision about mountaineering. There will be great moments: original link ups of mountain routes, aesthetic openings and the climbing of famous historical paths, meeting people and enjoying opportunities."

The two young men will cover 1500 kilometers in 4 months and will climb 25 major peaks in 5 different countries.

### *1 Description of the measure*

Title in original language: Alpine Line, la grande traversée

Location: all around the Alps

Thematic field(s): Sports / Environment

Principal field: Entertainment

Secondary field(s): Environment

Spatial scale: European scale

Time & duration: 4 months

Start date: February 2015

Duration: 4 months

Key word(s): Sharing / Mountain climbing / eco-responsibility / sports

## Objectives:

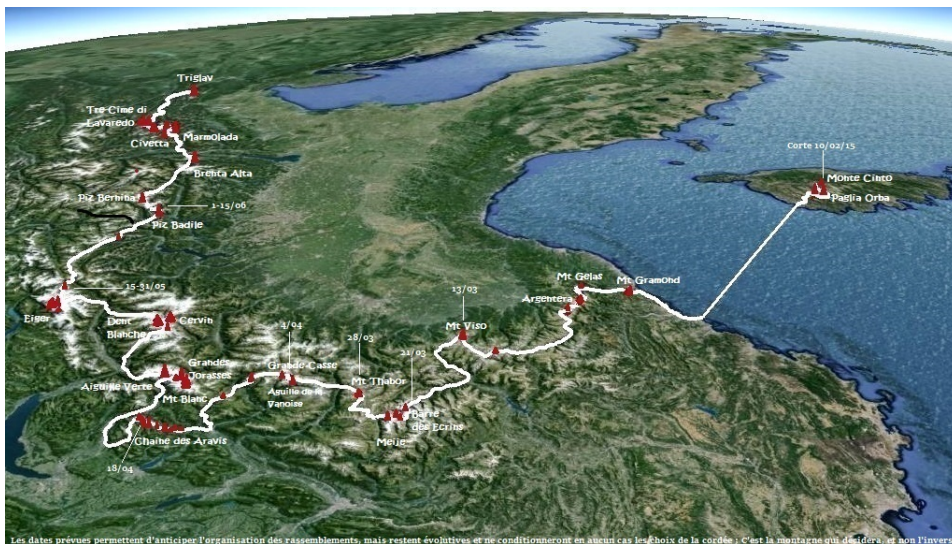
To share this adventure with the largest number of people. To join forces around common values that stretch further than the mountain world. The project aims to be an effective communication and reflection tool used to increase people's awareness about environmental issues that are of everyone's concern. The project is led in partnership with Mountain Wilderness, a recognized association for protection of the mountain environment.

## Activities:

For 4 months, Yann and Yoann will go all over the Alps by using different kinds of non-motorized transport such as ski touring, paragliding, sailing boat, Kayak, bike, etc.

## Results:

End of the project will be in June 2015, results are forthcoming.



Both young people will travel 1500 kilometres in 4 months and will climb 25 major summits in 5 different countries.

## II Assessment criteria

- Ecological/environmentally friendly (good waste management/recycling, in synergy with context, local renewable resources) : The eco-symbolic dimension of this project lies in the fact that the two young men will cover 1500 km for 4 months without using motorized transports.
- Transparency (ethically financed organizational structures): Every single partner is mentioned and valued on the Alpine Line website.
- Fosters resilience: /
- Adaptable: /
- Transferability: very high (can be imitated in other places/regions)
- Innovation: very high
- Awareness raising/educational: For 4 months, the young men will meet people in order to share with them their reflections about the role of nature in modern society and increase people's awareness about environmental issues.
- Social (networking, well connected, brings people together): The young men will go and meet the inhabitants of the valleys and territories they will going through.

### *III Contact information*

Name: Yann Borgnet and Yoann Joly

Institution: Alpine Line

Address: /

Phone: /

Email: <http://www.alpinelineproject.com/contact/>

Online information:

- Website : <http://www.alpinelineproject.com/>
- Facebook page: [https://www.facebook.com/alpinelineproject?ref=br\\_rs](https://www.facebook.com/alpinelineproject?ref=br_rs)

### *IV Photos, illustrations and documents*



*“Aiguille de la Vanoise – Climbing – Vanoise North face, the rock is wonderful!”*



*“A wonderful day together with Guillaume Dufour between Choroums du Grand Ferrand and the Obiou – Paragliding from Obiou and a rest in Mens”*



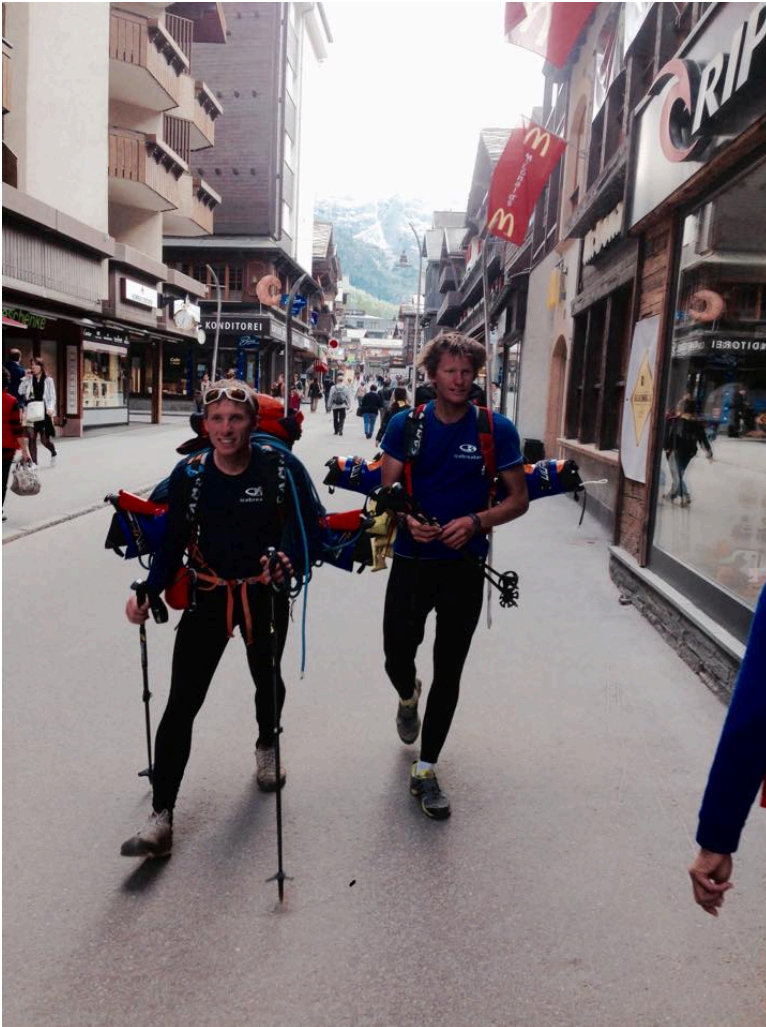
*“Cradle of Mountain Climbing :  
Le Mont Aiguille – climbing  
together with Ana, Maxime,  
Yann, Florian, Gwenn and  
Julien. Warm welcome from  
Franck and Marie Dominique at  
Au Gai Soleil hotel.”*



*“Jardin des Aravis – Paragliding  
through the mountains climbed  
before, flying from a limestone  
to another.”*



*“Lake Annecy – Crossing the lake Annecy in Kayak, it’s wonderful to come back home!”*



*“Zermatt – Wondering if we arrived at the right place because of the Asian tourists!”*

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## “Neige et Merveilles” construction works for youth

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Every summer (from May to October), the “Neige et Merveilles” “centre for sustainable activities and leisure” receives young people in the Vallauria village of the Tende municipality, situated in the Southern French Alps (near the border with Italy in the high Roya valley), which participates in the construction works that are organised by the association.

I met the Director of the “Neige et Merveilles” association during half an hour, while he was cooking (:p) for the arriving people in the Vallauria site, on Saturday June the 13<sup>th</sup>. Indeed the kitchen-assistant had cut itself in the early morning. The “Neige et Merveilles” management team being represented in the Vallauria village, only by 3-4 people, including the Director of the Association.

### *I Description of the measure*

Title in original language: “Neige et Merveilles” construction works for youth

Location: Hameau de Vallauria – lac des Mesches, Tende, Alpes-Maritimes (06)

Thematic field(s): Participation / Climate / Education / Sustainable Development / Social (networking, well connected, brings people together).

Principal field: Entrepreneurship

Secondary field(s): Participation / Social (networking, well connected, brings people together)

Spatial scale: local project

Time & duration: every year from May to October.

Start date: Start date: 1960 for the rebuilding of the Vallauria village, hence 1980s for the construction works.

Key word(s): construction works, enhancement of the local (built) heritage.

Objectives:

The Neige et Merveilles construction works project aims at enhancement of the local (built) heritage, in a sustainable way – renewable energies, Social (networking, well connected, brings people together).

Activities:

Partnership with CORAC (Regional commission of shipyard association).

Two kinds of yards:

- heritage restoration yard: recovery plaster facade in situ (hamlet of Vallauria) and built heritage restoration in Vallée de la Roya (hamlet of Brigue)
- Installation site production unit of renewable energies, currently in situ in the hamlet of Vallauria : solar panels, central hydroelectric, photovoltaic ...

Why not extend these experiences to other hamlets of the valley (Bieugne/Roya) (Castérino, la Brigue)?

The Observatory's data of volunteers and charitables collectives actions (“Observo”) specify the origin of the young people on the site.

For sites specialized for young people, they often come from foster homes and particularly in the Alpes-Maritimes (partnership with the General Council of the Alpes Maritimes).

For sites specialized for adults and teenagers, it's more an „extra-regional“ and „international“ public, they come from Bretagne or from others European regions in order to live an intercultural exchange experience enjoying their free time to discover mountains traditions in the Alpes Maritimes.

#### Results:

There is some difficulties to keep the partnership with the National Parc of Mercantour (Perimeter of the National Parc is 300 meter from the lodge “Neige et Merveilles”) because the municipality of Tende, which depends on “Neige& Merveilles” association hadn't sign the renewed Charter of the National Parc. It may be caused by the actual refurbishment works from the production energy unit by hydroelectricity in all the Vallée of the Roya and the areas (Bieugne, Roya, Bévéra): waterproofing of water sea of Mesches from 400 meters of the Vallauria site and the return of the water transit pipes.

A partnership with the National Parc of the Mercantour would be possible by example linked with cave engravings guided visits in the high of the “Vallée des Merveilles”. The “Neige et Merveilles” lodge is located at the entrance of the National Parc, roughly 3-4 hours hiking from the prehistoric Merveilles site.

Furthermore the refuge which is close (150 meters from the lodge “Neiges et Merveilles”) and managed by the sustainable tourism association N&M is open the full year. Sportives activities in mountains areas, like hiking, skiing, snowshoeing are offered. There is also specialized mountains guides.

#### Perspectives:

The mine site of Vallauria is the most important in the Alpes Maritimes. The opening for the public is considered from 2017. Nowadays there are archaeological excavations in partnership with the cultural service of the Argentière la Bessée, which own a similar site in the High Alpen (mine site of the Fournel).

Would it not be a good idea to consider young people who are welcomed in the lodge « Neiges et Merveilles » could be directly associated with the activities on the mine site through new kinds of sites ?

- 1- sites linked with archaeological excavations in progress ( by example for the archeology students in France or in others universities specialized in archeology in the world)
- 2- sites linked with the preparation of the site in order to open it to the audience in the next years
- 3- around the opening of the mine site, set up cultural backing activities by the young people from the lodge „Neiges et Merveilles“: tourism guides (public reception, guided visits for the students etc) , promotion activities, cultural valorisation of the site (updating of the website, helping the writing of prospectus dedicated to the activities of the mine site Vallauria.

### *II Assessment criteria\**

- Ecological/environmentally friendly :

renewable energies sites : solar panels, photovoltaic, hydroelectric central.

The participative dimension of the projet allows to sensitize the audience to the environnemental issues (sites of production unit of renewable energies in situ) and at the same time better appreciate the socio-economic story of the hamlet of Vallauria ( and also in comparison with others sites in the Alpes du sud, by example mine site of the Fournel in the High Alpen).

- Transparency (ethically financed, organizational structures) : Datas are accessible on the sustainable tourism activities website « Neige et Merveilles »
- Fosters resilience: Resilience is possible through the multiplicity of the proposed actions and the diversity of the construction works in the high Roya valley.
- Adaptable
- Transferability: very high
- Innovation: high (renewable renergies)
- Awareness raising/educational
- Social (networking, well connected, brings people together) : Adults sites = international sites

### *III Contact information*

Name: Gite Neige et Merveilles – Monsieur Christian Le MARTELOT, Directeur de l'association.

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Online information: [www.neige-merveilles.com](http://www.neige-merveilles.com)

### *IV Photos, illustrations and documents*

Available documents:

Other information sources: